

2025-2026 TTC Catalog

CUL 103 Nutrition

Lec: 3.0 Lab: 0 Credit: 3.0

This course is a study of general nutritional needs of the life cycle, including carbohydrates, proteins, fats, vitamins, and minerals. Practical applications for the food service professional are emphasized.

Course Offered

Fall

Spring

Grade Type

Letter Grade

Division

Culinary Institute of Charleston